Sunday, September 30th – Vernon’s @ Sawgrass Marriott

6:00 – 9:00 pm  University Summit Dinner

Monday, October 1st – Room: Champions C

7:15 – 8:00 am  Registration and Breakfast

8:00 – 8:15 am  Welcome and Introductions
Patricia Benson, MEd, Co-Chair, University Summit
Karen Schmidt, MPH, Co-Chair, University Summit
Megan Hammes, MS, MCHES, Planning Committee Member, University Summit

8:15 – 9:00 am  The Robert Winfield, MD, University of Michigan Keynote Presentation
Choosing your tribe: What are the pathways between social connections and thriving people and organizations?
Sara Johnson, PhD, Co-President and CEO, Pro-Change Behavior Systems, Inc.; 2018 co-recipient of the HERO Mark Dundon Research Award. Co-Editor of The Art of Health Promotion. She was named a Top 10 Health Promotion Professional in 2015 by WELCOA. Preview Sara’s Special Journal Issue on Social Connections and an interview on YouTube.

Moderator: Karen Schmidt, MPH, Director, MHealthy, University of Michigan Health & Well-Being Services

9:00 – 9:45 am  Collective Well-being to Improve Population Health Outcomes
Brita Roy, MD, MPH, MHS, Assistant Professor of Medicine & Director of Population Health at Yale School of Medicine. Robert Wood Johnson Clinical Scholars Program Fellow

Moderator: Patricia Purpur de Vries, MS, Director of Strategic Projects, Stanford Medicine WellMD Center, Stanford University
9:45 – 10:15 am  Reactor Panel with presenters and two other University Researcher/Practitioner Reactors
Panelists:
Nance Lucas, PhD, Executive Director, Center for the Advancement of Well-Being; Associate Professor, School of Integrative Studies, George Mason University
Joni Troester, MBA, CEBS, SPHR, Assistant Vice President, Total Rewards, The University of Iowa
Moderator: Patricia Purpur de Vries, MS, Director Stanford WellMD Center, Stanford University

10:15 – 10:30 am  Networking Break

10:30 – 12:00 pm  Building Community across Diverse Sub-Cultures
Panel Presentations (30 minutes each) and Facilitated Panel Discussion (30 minutes)

“The Sphere of Wellness Influence.”

“Engaging the Unengaged through Some Serious Fun!”
Anna Threadcraft, UAB Employee Wellness Director. Rising Stars of Health Care, 2017. University of Alabama College of Human Environmental Services Jack Davis Professional Achievement Award. 100 Healthiest Employers.

Moderator: Megan Hammes, MS, MCHES, Director, UI Wellness, The University of Iowa

12:00 – 12:30 pm  Lunch

12:30 – 1:30 pm  Best Practices in Action: Community Building that leads to an Award-Winning University Program
Karen Schmidt, MPH, Director, MHealthy, University of Michigan Health & Well-Being Services
Jessica Grossmeier, PhD, Vice President of Research, HERO
Philip Swayze, MS, CWPD, Director of Health & Performance, HUB International New England, LLC
Jack Curtis, CEO, Corporate Health Partners
Kristi Rahrig-Jenkins, PhD, MPH, Research Program Manager, University of Michigan

1:30 pm  Adjourn

Summit Advance Readings: How does Social Connectivity affect Employee Health and Productivity?
Positive psychology principles, including the role of companionate love and social support, are trending strong in the worksite health promotion field. Dr. Sara Johnson, HERO member and Co-Editor of the Art and Science of Health Promotion has edited a fascinating series of articles showing how “Social Connection” can have a major impact on well-being. This section of the American Journal of Health Promotion is open access and available to all. Dr. Johnson offers a stellar review of related literature and among the articles featured is one about “what’s love got to do with it” from Olivia (Mandy) O’Neal, one of our keynote speakers from HEROForum17.